

## INTRODUCTION TO \*\*ROAD CYCLING\*\*

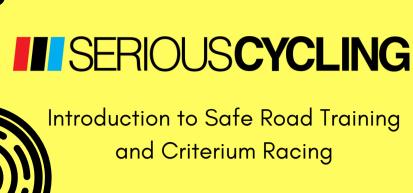
Show and Go! No pre-reg required. Tell a friend.



8:30 TO 10:30 RM **JANUARY 21, 2023** 880 AVENIDA ACASO, CAMARILLO. CA



For more information about this road/criterium clinic, visit www.seriouscycling.com. You may also contact Derryl Halpern at dsh@halpernlawcorp.com



## OPEN TO ALL RIDERS 18 YEARS & UNDER

## BRING WORKING MTB OR ROAD BIKE, AND HELMET\*

- Learn safe road training skills, 2x2 riding, pace lines, group ride etiquette
- Cornering, braking, sprinting, group riding, drafting, conserving energy, attacking ...
- Mock crit style race and road ride
- Meet and ride with Chloe Patrick multiple-time Junior National Champion & Jr Worlds Medalist
- Parents Q&A session
- USA Cycling sanctioned, upgrade points awarded

\*Some road demo bikes available for use by contacting Derryl Halpern. Following the Clinic there will be a training race on the same course, your welcome to give it a try or stay and watch.

