

SERIOUS CYCLING

INTRODUCTION TO **ROAD CYCLING**

Show and Go! No pre-reg required. Tell a friend.



Permit 6806

**8:30 TO 10:30 AM
JANUARY 21, 2023
880 AVENIDA ACASO,
CAMARILLO, CA**



For more information about this road/criterium clinic,
visit www.seriouscycling.com.

You may also contact Derryl Halpern at
dsh@halpernlawcorp.com




SERIOUS CYCLING

Introduction to Safe Road Training
and Criterium Racing

**OPEN TO ALL RIDERS
18 YEARS & UNDER**

**BRING WORKING MTB
OR ROAD BIKE, AND
HELMET***

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- Learn safe road training skills, 2x2 riding, pace lines, group ride etiquette
 - Cornering, braking, sprinting, group riding, drafting, conserving energy, attacking ...
 - Mock crit style race - and road ride
 - Meet and ride with Chloe Patrick - multiple-time Junior National Champion & Jr Worlds Medalist
 - Parents Q&A session
 - USA Cycling sanctioned, upgrade points awarded

*Some road demo bikes available for use by contacting Derryl Halpern. Following the Clinic there will be a training race on the same course, your welcome to give it a try or stay and watch.

