

... AntiGravityCycling and Team VeloSport present ...

2024 SCNCA Championship Individual Time Trial

April 20, 2024 First rider start 8:00:00

USA Cycling event permit 2024--

180th St. E. and Avenue O, Lake Los Angeles, CA 93535

ONLINE REGISTRATION AND IN PERSON REGISTRATION ON RACE DAY

PLEASE use the bathrooms, the trash cans, clean up after yourself, and remember that we are guests in somebody's community. DO NOT CHANGE within sight of somebody's house. Use the bathroom!

SCNCA Championship Categories: Elite Men and Elite Women: Pro/1, 2, 3
Masters Men and Masters Women: 35-39,40-44,45-49,50-54,55-59,60-64,65-69,70-74,75+
Junior Men and Junior Women: 9-10,11-12,13-14,15-16,17-18 TT Bicycles allowed for 15-18 ONLY
Tandem (Ages are the sum of riders' ages): MenOpen, WomenOpen, MixedOpen, Men70+, Women70+,
Mixed70+, Men90+, Women90+, Mixed90+, Men110+, Women110+, Mixed110+

CHAMPIONSHIP Medals to top three in each SCNCA Championship category

Winner in each category may purchase SCNCA Champion Jersey

Non-Championship Categories: Men and Women: Cat4, Cat5

Masters and Juniors Categories are age capped. You may ONLY ride in YOUR OWN AGE GROUP, not in a younger (Juniors) or older (Masters) age group. Example: 56 year old woman can usually ride in Men 45+ race at a criterium or road race. Here, she may only ride in Women 55-59. Example: Junior Man 14 years old can usually ride in Junior Men 17-18. Here, he may only ride in Junior Men 13-14.

Women MAY NOT ride in Mens' categories at any SCNCA Championship Race.

At ANY Time Trial, you may enter a higher race category (lower number). Example: Cat 4 man wants to compete for SCNCA Champ jersey, so he enters the Cat 3 race. THIS IS ALLOWED AT A TIME TRIAL.

NO PARKING ANYWHERE ON 180th St!

NO OVERNIGHT CAMPING ON THE COURSE!

Not in a tent, car, or RV. Nowhere near Vista San Gabriel school!

This has been a source of friction between the race and a few vocal locals in the past. We WANT and NEED to have a great relationship with the local residents. There will be NO PARKING AT ALL on 180th St.

This is a public school, there are residences, and folks are territorial. These need to be respected by all.

Thanks in advance for your cooperation! There is LOTS OF PARKING near the START area.

Rules: All USAC Rules apply. Helmets at all times. No more Junior Rollout. No littering. Use trash cans at Registration and Finish. NO public urination. Porta-Pots at Registration and Finish. NO illegal parking.

Eligibility Rules: ANYBODY MAY RACE. Only USA citizens or permanent residents holding a USAC Annual License, AND residing in the SCNCA region are eligible for SCNCA championship.
Zip Codes 89000-89299 (NV) Zip Codes 90000 - 93599 (CA). Top three awards are for SCNCA racers only.

Register online at <http://www.bikereg.com/scnca-championship-individual-time-trials>

closes 11:59PM Thursday, April 18, 2024 \$60 Individual; \$90 Tandem; \$40 Junior or Cat4 or Cat5.

NO REFUNDS. Credit with advance notice that you will not ride. Includes USAC insurance, SCNCA fees.

AWARDS CEREMONIES BACK AT START LINE (ASAP) Stick around for the Awards!

SIGN-IN/NUMBER PICKUP: OPEN 6:30am – 7:45am ONLY.

FOR RACERS STARTING AT THE SCHOOL and riding the Full Course (23.5 miles)

Sign in at the Parking Lot on Avenue O, well East of 180th St. **DO NOT PARK ANYWHERE ON 180th ST.**

Same as 2021-2023, but NOT WHERE IT WAS before 2020. .

SIGN-IN/NUMBER PICKUP: FOR RACERS STARTING AT THE FINISH LINE ONLY (Jrs 15-18, Men 65 and older, Women 55 and older) **at the Finish Line, 240th and Avenue O.** 9:15am – 9:30am ONLY.

This time is APPROXIMATE, since it depends on how many racers start at 180th St. We will make sure everybody gets their numbers. Racers starting at the Finish Line will certainly NOT start before 9:30.

Riders who sign up online do not need to sign another waiver in person, EXCEPT JUNIORS AND PARENT/GUARDIAN ALWAYS NEED TO SIGN A WAIVER IN PERSON.

Start Times will be sent to riders' emails on Friday afternoon and written on racer numbers. If you miss your Start Time, you may start late. BUT YOU MUST STOP AT THE START LINE and wait for the Starter to start you in between the other riders. Your Start Time does not change, so the clock is running from your scheduled Start Time that was reserved for you. Get to the Start five minutes before your Start Time.

Full Course (23.5 miles): Start at 180th St. E. and Avenue O, at Vista San Gabriel Elementary School. East on Avenue O for 6.0 miles. 2% climb at mile 5.0. Right on 240th St E. for 2.75 miles. Right on Palmdale Avenue for 6.0 miles. 3% climb at mile 10. Right on 180th St. E. for 2.75 miles. Right on Avenue O for 6.0 miles to Finish. Excellent fast pavement, 450 feet total gain, prevailing wind typically out of the West.

Junior Course (6.0 miles) : Men and Women 9-14 ride just the first 6.0 miles of the Full Course. No turns. Parents are encouraged to watch your racer line up at the Start, then drive to the Finish. You MAY NOT follow your racer at bicycle speed in the car. Not for one second. This is against the CA State Vehicle Code, will get the race in trouble, and will get your racer disqualified if we see you.

Senior Course (17.5 miles): Men 65 and older; Women 55 and older; Junior Men and Women 15-18. Course is ONE FULL LAP, starting at 240th St. E. and Avenue O. This is SIX MILES from the school!

Questions? AntiGravityCycling@gmail.com

TEXT US at 909 765 8394

Directions to Course: From LA: I-5 North to SR-14 North to East on Pearblossom Hwy. Bear right onto SR-138. After 12 miles, left on 165th St. E. (turns into 170th St E). Right on Avenue O to the Course.

From Riverside/San Bernardino/San Diego: I-15 or I-215 North to West on SR-138. After 26 miles, Right on 165th St. E. (turns into 170th St E). Right on Avenue O to the Course.

